

FEASION

NOV '09

LOOK HOT FOR LESS

CASHMERE, LEATHER, EVEN JIMMY CHOOS!

BEST BEAUTY BUYS UNDER \$25

TWILIGHT'S NEWEST STAR
NOOT SEAR

HOW TO DO THE '80S RIGHT
THE SHAPES, THE COLOURS, THE JEWELLERY

QUIT SMOKING AND LOSE WEIGHT YES, YOU CAN!

Kick your fear of laser eye surgery

\$4.50
DISPLAY UNTIL NOVEMBER 15



Vichy invents
Fortifying
Hydration
anti-puffiness
and anti-dark circle
double efficacy

AQUALIA THERMAL

FORTIFYING EYE ROLL-ON



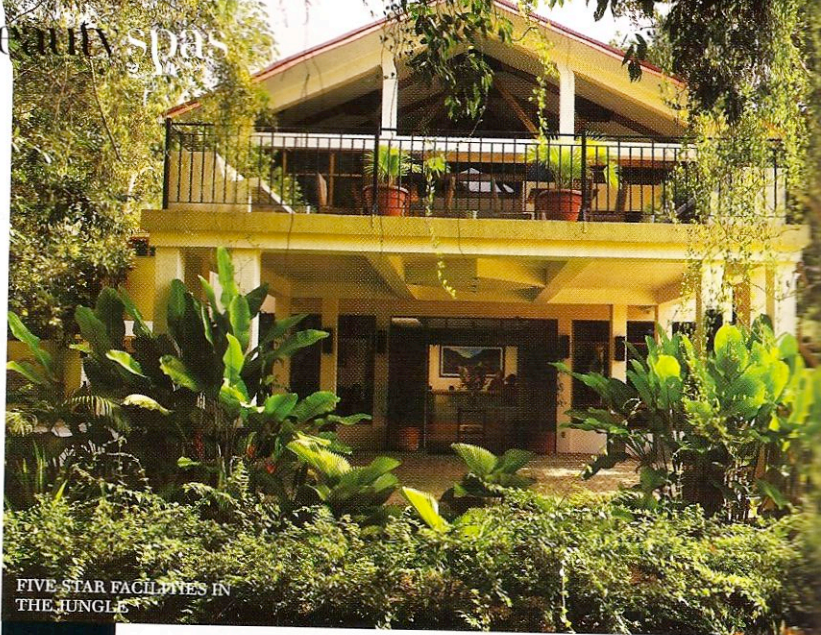
NEW

80% LESS PUFFINESS*
67% LESS DARK CIRCLES**
20% MORE HYDRATING***

VICHY
LABORATOIRES

*Clinical test on 18 women, **Self-assessment on 39 women over 4 weeks, ***Clinical test on 39 women

beauty spas



FIVE STAR FACILITIES IN
THE JUNGLE

THE MOST REMOTE

Ka'ana Boutique Resort, San Ignacio, Belize, kaanabelize.com.

O Deep in the Belize jungle, Ka'ana Boutique Resort is a five-star oasis offering in-room espresso machines and iPod docks, a wine cellar and a promixologist at the spacious bar, which stays open until you decide to go to bed. In the intimate spa, tucked behind the sparkling pool, spa manager Gretel Burns concocts her own natural salves and scrubs. For the Papaya Citrus Smoothie, she slathers on a purée of organic papaya and exfoliating apple seeds that smells so good, I have to resist licking it off my arm. After I rinse, Burns begins a masterful, citrus-infused massage, releasing all of my knots. As I float away, a waiter appears with a fresh, delicious papaya smoothie—the service's final indulgence. Sipping, I meander serenely back to my room through the mango trees. —Rani Sheen

In your own backyard:

Espace Nomad, 4650 St-Laurent Blvd., Montreal, 514-842-7279, espacenomad.ca. The delectable Organic Body Scrubs (\$65), in flavours like Fruit Tree, Sassafras and Mojito, stimulate circulation and leave the skin soft and fresh as a morning in the tropics. —A.E.

In your own private oasis:

THE BODY SHOP Body Scrub (\$20) and Foaming Bath (\$17, both at *The Body Shop*) in "Papaya" leave skin silky, and the freshly squeezed scent will transport you straight to the jungle.

After bathing, slather on **LINDEN LEAVES** Body Butter (\$26, *lindenleaves.ca*) in "Ginger Peach." It's a rich, hydrating blend of shea and cocoa butters, olive oil and beeswax.

The **ARCHIPELAGO** Pomegranate Diffuser (\$34, *beauty-mark.ca*) fills a room with a fruity scent. —A.E.

