



La Ceiba Breakfast Menu

CONTINENTAL BREAKFAST: *Includes Belizean Roasted Coffee or Tea*

	BZD	USD
KA'ANA ORGANIC JUICE _____ Fresh Coconut Water, Orange, Pineapple or Watermelon.	08	04
GOOD MORNING OATMEAL _____ %100 whole grain with cinnamon and local jungle honey.	12	06
CARIBBEAN JOHNNY CAKES _____ Biscuits with refried beans, fresh white cheese and guava jelly.	12	06
NATURAL YOGURT & GRANOLA (V) _____ San Ignacio crafted plain yogurt with fresh fruits and homemade granola.	14	07
TROPICAL FRUIT PLATTER (V) _____ Seasonal fruits with local jungle honey and cinnamon brown sugar.	12	06
ASSORTED BREAD SELECTION _____ Selection of Oatmeal, whole wheat, sour dough and bagel served with guava jelly.	06	03

BREAKFAST DRINKS: *Juice Me First!*

FRESH SUBLIME _____ Cucumber, ginger and fresh squeeze orange juice.	08	04
MIXED MANTRA _____ Home grown chaya, banana, ginger, pineapple Juice and local honey.	10	05
RUBY MANIA _____ Beetroot, apple, ginger, carrot and orange juice with local honey.	14	07
SUNRISE ENERGY SMOOTHIE BAR _____ Build your own sunrise energy boost to start up your day with: 1 choice - coconut milk, soy milk, almond milk, yogurt or coconut water 2 choice - bananas, papaya, cantaloupe, strawberry or blueberry 1 choice - protein powder, cinnamon brown sugar, local honey	16	08

(V) VEGETARIAN (P) CONTAINS PORK (N) CONTAINS NUTS

FULL BREAKFAST

From Our Organic Farm to your Table!

	BZD	USD
QUINTANA ROO CHILAQUILES _____	14	07
Corn tortilla chips with the Chef Adrians special red or green sauce recipe, shredded chicken and one fried eggs on top.		
FAMOUS FRY JACKS (P) _____	20	10
Stuffed with scrambled Eggs, refried beans, ham, cheese.		
BELIZEAL BREAKFAST (P) _____	24	12
Scrambled eggs, refried beans, bacon, fried plantain and fry jacks.		
CAYO DISTRICT SPECIAL _____	40	20
Eggs cooked any style, Arrachera steak, refried beans, tomatillo sauce, chaya corn tortilla, sour cream and grilled white cheese accompanied by an organic all spice hot chocolate drink.		
EVERYTHING BAGEL _____	26	13
Spreaded with creme cheese, salmon and side of fruits.		
TRADITIONAL ENGLISH MUFFIN _____	14	07
With eggs cooked any style, refried beans and bacon.		
BUTTERMILK PANCAKES (N) _____	16	08
With fruit chutney, hazelnut spread with cocoa and infused lemon grass condense milk with eggs cooked any style, refried beans and bacon.		
FARMERS BREAKFAST _____	28	14
Fried, scrambled, poached, benedict, whites or omelet Accompanied with 2 slices of bread and 2 choices of sides:		
<ul style="list-style-type: none"> • Bacon or Ham • Fresh cheese • Fried Platains • Hash Browns • Sour dough or Oatmeal bread • Bagels or Whole wheat bread 		
TRADITIONAL CHURROS (V) _____	12	06
Chef Adrians Mexican churros recipe with seasonal fruit coulis and local honey.		

Ⓥ VEGETARIAN Ⓟ CONTAINS PORK Ⓝ CONTAINS NUTS

All prices are INCLUSIVE of 12.5% government tax and 10% service charge will be added